**Spiritual Temperament Discovery**

**Answer Sheet**

*Select a value from 0 – 4 that best describes your feelings towards each statement:*

- **0** – Not at all;  **1** – Little; **2** – Moderately; **3** – Considerably;  **4** – Extreme

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<tr>
<th>Answers</th>
<th>Total</th>
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<td>1. 12.</td>
<td>23. 34. 45. 56.</td>
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<td>2. 13.</td>
<td>24. 35. 46. 57.</td>
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<td>3. 14.</td>
<td>25. 36. 47. 58.</td>
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<td>4. 15.</td>
<td>26. 37. 48. 59.</td>
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<td>5. 16.</td>
<td>27. 38. 49. 60.</td>
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<td>6. 17.</td>
<td>28. 39. 50. 61.</td>
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<td>7. 18.</td>
<td>29. 40. 51. 62.</td>
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<td>9. 20.</td>
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<td>10. 21.</td>
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<td>11. 22.</td>
<td>33. 44. 55. 66.</td>
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This tool is an adaptation from *Sacred Pathways* by Gary Thomas (Grand Rapids: Zondervan, 2000).
Spiritual Temperament Discovery

Questions

1. I feel closest to God when I’m surrounded by what he has made - the mountains, the forest, or the sea.

2. I feel closest to God when I’m in a church that allows my senses to come alive - when I can see, smell, hear, and almost taste his majesty.

3. I feel closest to God when I’m participating in a familiar form of worship that has memories dating back to my childhood. Rituals and traditions move me more that anything else.

4. I feel closest to God when I am alone and there is nothing to distract me from focusing on his presence.

5. I feel closest to God when I’m cooperating with him in standing up for his justice: writing letters to government officials and newspaper editors, picketing at an abortion clinic, urging people to vote, or becoming familiar with current issues.

6. I feel closest to God when I see him in the needy, the poor, the sick, and the imprisoned. I feel God’s presence most strongly when I am sitting quietly beside the bed of someone who is lonely of ill or taking a meal to someone in need. You can count on me to offer a ride or volunteer for helping activities.

7. I feel closest to God when my heart is sent soaring and I feel like I want to burst, worship God all day long, and shout out his Name. Celebrating God and his love is my favorite form of worship.

8. I feel closest to God when my emotions are awakened, when God quietly touches my heart, tells me that he loves me, and makes me feel like I’m his closest friend. I would rather be alone with God, contemplating his love, than participating in a formal liturgy or being distracted by a walk outside.

9. I feel closest to God when I learn something new about him that I didn’t understand before. My mind needs to be stimulated. It’s very important to me that I know exactly what I believe.

10. I feel closest to God when I am in relationship with other believers - worshipping, serving and fellowshipping together.

11. I feel closest to God when I am achieving something for His Kingdom.

12. I feel cut off if I have to spend too much time indoors, just listening to speakers or singing songs. Nothing makes me feel closer to God than being outdoors.

13. I enjoy attending a “high church” service. I enjoy worship that includes using incense and formal Communion or Eucharist.
14. Individualism within the church is a real danger. Christianity is a corporate faith, and most of our worship should have a corporate expression.

15. I would describe my faith as more “internal” than “external.”

16. I get very frustrated if I see apathetic Christians who don’t become active. I want to drop everything else I’m doing and help the church overcome its apathy.

17. I grow weary of Christians who spend their time singing songs while a sick neighbor goes without a hot meal or a family in need doesn’t get help fixing their car.

18. God is an exciting God, and we should be excited about worshipping him. I don’t understand how some Christians can say they love God, and then act like they’re going to a funeral whenever they walk into church.

19. The most difficult times in my faith are when I can’t feel God’s presence within me.

20. I get frustrated when the church focuses too much on feelings and spiritual experiences. Of far more importance is the need to understand the Christian faith and have proper doctrine.

21. I would prefer to worship God by spending an hour beside a small brook than by participating in a group service.

22. The words faith without action is dead is very meaningful to me.

23. The words friendship, body ministry, and community are very appealing to me.

24. I’d have a difficult time worshipping in a church building that is plain and lacks a sense of awe or majesty. Beauty is very important to me, and I have a difficult time worshipping through second-rate Christian art or music.

25. The words tradition and history are very appealing to me.

26. The words silence, solitude, and discipline are very appealing to me.

27. The words courageous, confrontation, and social activism are very appealing to me.

28. The words service and compassion are very appealing to me.

29. The words celebration and joy are very appealing to me.

30. The words lover, intimacy, and heart are very appealing to me.

31. The words concepts and truth are very appealing to me.

32. I love to get involved with ministry projects with a group of my friends.

33. I feel inspired when there is a great task out ahead of me.

34. If I could escape to a garden to pray on a cold day, walk through a meadow on a warm day, and take a trip by myself to the mountains on another day, I would be very happy.

35. The words sensuous, colorful, and aromatic are very appealing to me.
36. Participating in a formal liturgy or prayer-book service, developing symbolism that I could place in my car, home, or office, and developing a Christian calendar for our family to follow are activities that I would enjoy.

37. Taking an overnight retreat by myself at a monastery where I could spend large amounts of time alone in a small room, praying to God and studying his Word, and fasting for one or more days are all activities I would really enjoy.

38. Activities like confronting a social evil, attending a meeting to challenge the new curriculum before the local school board, and volunteering on a political campaign are important to me.

39. I sense God's power when I am counseling a friend who has lost a job, preparing meals for or fixing the car of a family in need, or spending a week at an orphanage in Mexico.

40. I would enjoy attending a workshop on learning to worship through dance, or attending several worship sessions with contemporary music. I expect that God is going to move in some unexpected ways.

41. I really enjoy having thirty minutes of uninterrupted time a day to sit in quiet prayer and “hold hands” with God, writing love letters to him and enjoying his presence.

42. I feel close to God when I participate in several hours of uninterrupted study time - reading God’s Word or good Christian books and then perhaps having an opportunity to teach (or participate in a discussion with) a small group.

43. I struggle with spiritual motivation if I don’t have a small group of people to challenge me.

44. I find it very challenging to sit still for my devotions. I would rather be doing something for God.

45. A book called Nature’s Sanctuaries: A Picturebook would be appealing to me.

46. A book called The Beauty of Worship would be appealing to me.

47. A book titled Symbolism and Liturgy in Personal Worship would be appealing to me.


49. The book written by Frank Schaeffer, A Time for Anger, would be an important book for me to read.

50. A book entitled 99 Ways to Help Your Neighbor would be very appealing to me.

51. I would enjoy reading the book The Mystery and Excitement of Walking with God.

52. I would enjoy reading The Transforming Friendship.

53. A book on church dogmatics would be appealing to me.

54. I would enjoy reading a book on The Power of Community.


56. Seeing God's beauty in nature is more moving to me than understanding new concepts, participating in a formal religious service, or participating in social causes.
57. I would really enjoy using drawing exercises or art to improve my prayer life.

58. I would really enjoy developing a personal rule (or ritual) of prayer.

59. I would really enjoy spending time on a night watch, taking a short vow of silence, simplifying my life.

60. I would like to awaken the church from its apathy.

61. I would rather nurse someone to health or help someone repair their house than teach an adult Sunday school class, go on a prayer and fasting retreat, or take a lonely walk in the woods.

62. I spend more money on music and worship tapes or CD’s than on books.

63. When I think of God, I think of love, friendship, and adoration more than anything else.

64. I spend more money on books than music tapes or CD’s.

65. I look forward to opportunities to get together with other believers.

66. I need a challenging opportunity for ministry out before me or I get bored with church and my relationship with God beings to stagnate.
## Spiritual Temperament Discovery

### Assessments Key

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