



# CHRISTIAN JOY JOY is the key to spiritual health. "Being cheerful keeps you healthy. It's slow death to be gloomy all the time." PROV. 17:22, SNI CHRISTIAN JOY is essential to Christian vitality!

# CHRISTIAN JOY 2 JOY is the catalyst to a compelling witness. "I bring you good news that will cause great joy for all the people." LUKE 2:10 CHRISTIAN JOY is essential to Christian witness!



### CHRISTIAN JOY JOY is a matter of obedience. "Rejoice in the Lord always. I will say it again: Rejoice!" GALATIANS 5:22 CHRISTIAN JOY is essential to Christian discipleship!

## CHRISTIAN JOY JOY is independent of circumstances. "Rejoice in the Lord always!" GALATIANS 5:22 Christian conviction is essential to CHRISTIAN JOY!

#### **DEFINING JOY**

CHRISTIAN JOY is the conviction that God exerts ultimate control over the events of my life, repurposing them for my good and for his own glory.

#### PAUL'S

Imprisoned 4 years

Rejected by the Jews

Resisted by the Christians

Beaten, abandoned, stoned, deprived, backstabbed

Shipwrecked, sentenced to death

Paul viewed them all as a cause for joy!

#### THE PHILIPPIANS CIRCUMSTANCES

Extreme poverty (2 Cor. 8:1-5)
Persecuted (Phil. 1:27-30)

Assaulted by false teachers (Phil. 3:2)
Disunity in the church (Phil. 4:2-3)

Everything they needed for joy!

#### RADIATING JOY

"Joy is...the sunshine that spreads over all of Philippians. It radiates joy."

RICHARD LENSKI

So Can You!

#### **HOW TO CATCH JOY**



**Practice God's presence** 



"In your presence is fullness of joy."

#### **HOW TO CATCH JOY**



#### **Listen for God's voice**

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"These things I have spoken to you so that my joy may be in you, and that your joy may be made full."

JOHN 15:11

#### **HOW TO CATCH JOY**



#### **Obey God's commands**



"Oh the joys of those who don't follow evil advice or hang with sinners, or scoff at the things of God. Rather, they delight in his law."

PSALM 1:1-2, LI

#### **HOW TO CATCH JOY**



#### **Embrace God's plan**

"When troubles come your way, consider it an opportunity for great joy. For you know that when your faith is tested, your endurance has a chance to grow."

#### **HOW TO CATCH JOY**



#### **Embrace God's plan**

"For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all."

2 CORINTHIANS, 4:1

### HOW TO CATCH JOY 5

**Trust God's work** 

"Being confident of this, that he who began good work in you will carry it on to completion until the day of Christ Jesus."

PHILIPPIANS 1:0

### THE SECRET TO PAUL'S JOY Humility

"Paul, a servant of Christ Jesus."

**HUMILITY:** Putting Christ's concerns of ahead of my agenda.

### HUMILITY

"Illi servire est regnare"

To be his slave is to be a king.

"He humbled himself by becoming obedient to death—even death on a cross! Therefore God exalted him to the highest place."

PHILIPPIANS 2:8-



