



# **Defining Contentment**

don't need any more!

I am satisfied with what God has supplied today and confident he will supply my need tomorrow.

Godliness with contentment is great gain."



# **Be Content**

With Basic Necessities - "Having food and clothing, let us be content." 1 TIMOTHY 6:8 With Possessions - "Be content with whatever you have, for God has said, 'I will never leave you or forsake you.'" HEBREWS 13:5 With Marriage - "Be satisfied with the spouse of your youth."

PROVERBS 5:18
With Personal Income - "Be content with your pay."

#### **BE CONTENT**

Your infinitely-wise, big-hearted, ever-watchful, all-powerful God will never abandon you and will see to it that you have what you need.

## A Culture of Discontent

Strangely, the more we have, **the more discontent** we become.

"I rejoice greatly in the Lord that at last you have renewed your concern for me. Indeed, you have been concerned, but you had no opportunity to show it. I am not saying this because I am in need, for I have learned to be content whatever the circumstances. I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do everything through him who gives me strength."

#### PHILIPPIANS 4:10-13



#### SECRETS TO CONTENTMENT

# Paul is content because he determined to trust God's providence.

"I rejoice greatly in the Lord that at last you've renewed your concern for me. Indeed, you've been concerned, but you had no opportunity to show it." PHILIPPIANS 4:10

> **The Philippians:** No opportunity (*kairos*) — a season, a moment pregnant with prospects.

#### Paul:

It was in God's hands; at the right time (**kairos**, God's time, not **chronos**, our time) the right thing would happen. Until I learn to completely trust God's timing: **I will never be content** 

When I practice patience with God's perfect timing, I will know God's transcendent peace.

#### SECRETS TO CONTENTMENT

Paul is content because he distinguished between what he desired and what he required.

> "Not that I speak from want." PHILIPPIANS 4:11 (NASB)

My wants will always exceed my needs.

If I think my wants are needs, then I will always want **but never be satisfied**.

#### SECRETS TO CONTENTMENT

Paul is content because he declared emotional independence from circumstances.

"I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation...

PHILIPPIANS 4:12

#### SECRETS TO CONTENTMENT

# Paul is content because he declared emotional independence from circumstances.

"...whether well fed or hungry, whether living in plenty or in want." PHILIPPIANS 4:12

## **TWO KEYS TO CONTENTMENT**

### I can rest in God's power when I am powerless.

"I can do all things through him who strengthens me." PHILIPPIANS 4:13

## **TWO KEYS TO CONTENTMENT**

#### I can rely on God's provision when I have given myself God's work.

2 -

"My God shall supply all your needs according to His riches in glory in Christ Jesus." PHILIPPIANS 4:19

"While I appreciate your gifts, what gives me joy is the reward you'll have because of them ... they're a fragrant offering, an acceptable sacrifice, pleasing to God. And my God will meet all your needs according to his riches." PHILIPPIANS 4:17-19 (LB) **Philippians 4:19** "And my God will meet all your needs according to his riches."

I have everything I need for contentment!

