









Confusing Happiness With Joy Happiness is dependent upon happenings—our circumstances. Joy is an internal reality because it is based on an eternal truth.

.UKE 2:8-11 Shepherds were in the fields nearby, guarding their flocks at night. An angel appeared and the glory of the Lord shone around them, and they were terrified. But the angel said to them, "Don't be afraid. I bring you good news of great joy that will be for all people. Today in the town of David a Savior has been born for you; Christ the Lord."

I must base my joy on prophetic truth.

"Born today in the city of David."

Unquenchable joy is rooted

JOY EXERCISE #1

- Verbally acknowledge prophetic truth by declaring, "God is speaking to me."
- 2. Immediately obey it; prophetic truth is always a call to action.

I must base my joy in historical reality. "Unto you is born this day in the city of There was a real baby born in a real



I must base my an redemptive activity. "Born to you this day is a Savior, which is Christ the Lord." Literally, "Savior, Christ, Lord."



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JOY EXERCISE #3 Daily pray this simple prayer for Christmas joy. "Jesus, you are Savior—through you all my sins are gone. Jesus you are Lord—sovereign over all that will happen in my life today—good or bad. And Jesus, you are Christ—God's anointed for my life. For that, I choose to be joyful in you. Amen."







