







THANKS *living*

"Rejoice always, pray continually, in everything give thanks—this is God's will for you." 1 THESSALONIANS 5:16-18

"Let your lives overflow with joy and thanksgiving for all he has done." COLOSSIANS 2:7

why THANKS *living?*

Because every human lives with a debt of gratitude to someone for something!

The habit of giving thanks is a fundamental sign of my awareness of spiritual adoption into God's family.

"No duty is more urgent than that of returning thanks."

AMBROSE

SELF-BENEFITING THANKS*living*

1

Thanks*living* will prevent the disease of self-centeredness.

Gratitude forces me to recognize that God is at the center of the universe—not me.

"It is only his mercy keeping us from utter destruction. His loving-kindness begins afresh each day." LAMENTATIONS 3:22-23

SELF-BENEFITING THANKS*living*

2

Thanks*living* will prevent the disease of self-pity.

Gratitude forces a perspective that sees God's hand and God's plan even in my difficulty.

"You have taken away my clothes of mourning and clothed me with joy, that I might sing praises to you and not be silent. I will give you thanks forever!" PSALM 30:11-12

"Don't worry about anything; pray about it—with a thankful heart. Then God will bless you with peace that no one can completely explain—peace that will control the way you think and feel." PHILIPPIANS 4:6-7

"Gratitude changes the paings of memory into a tranquil joy."

BONHOEFFER

SELF-BENEFITING THANKS*living*

3

Thanksliving will prevent the disease of low self-esteem.

Gratitude forces me to see how blessed I truly am: for what I have, who I am, and where I'm going.

What do I have?

SALVATION

*"Thanks be to God for his
indescribable gift!"*

2 CORINTHIANS 9:15

Who am I?

**GOD'S PRIZED
POSSESSION**

*"God chose us to give new birth.
And we, out of all creation,
became his prized possession."*

JAMES 1:17-18

Where I am headed? **A FUTURE IN HEAVEN**

*"How fortunate we are to have this Father!
He has given new life and everything to
live for, including a future in heaven!
And God is keeping careful watch
over both us and our future."*

2 PETER 1:3-5

SELF-BENEFITING THANKS*living*

4

Thanksliving will prevent the disease
of self-perpetuating poverty.

Gratitude forces generosity: the more I give
thanks, the more God will give me to be
thankful for.

*"You show gratitude through generosity, and moved
by God's extravagance through you, those you help will
respond by praying for your need." 2 COR. 9:12-13*

*"To be thankful for what we
have received is the surest
way to receive more."*

ANDREWS MURRAY

Gratitude opens the door to God's cycle of abundance—not the least of which is the abundance of joy!

"The root of joy is gratitude...It's not joy that makes us grateful, it is gratitude that makes us joyful."

DAVID STEINDL-RAST



"Gratitude is an offering precious in the sight of God, and it is one that the poorest of us can make and be not poorer but richer for having made it."

A.W. TOZER






