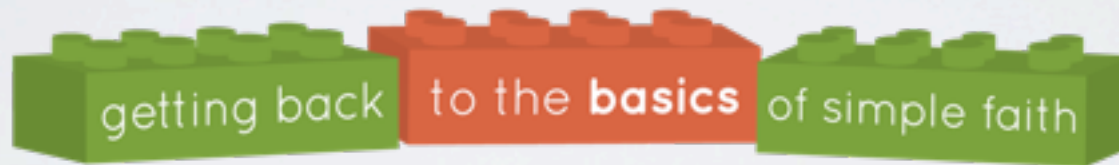


simplify

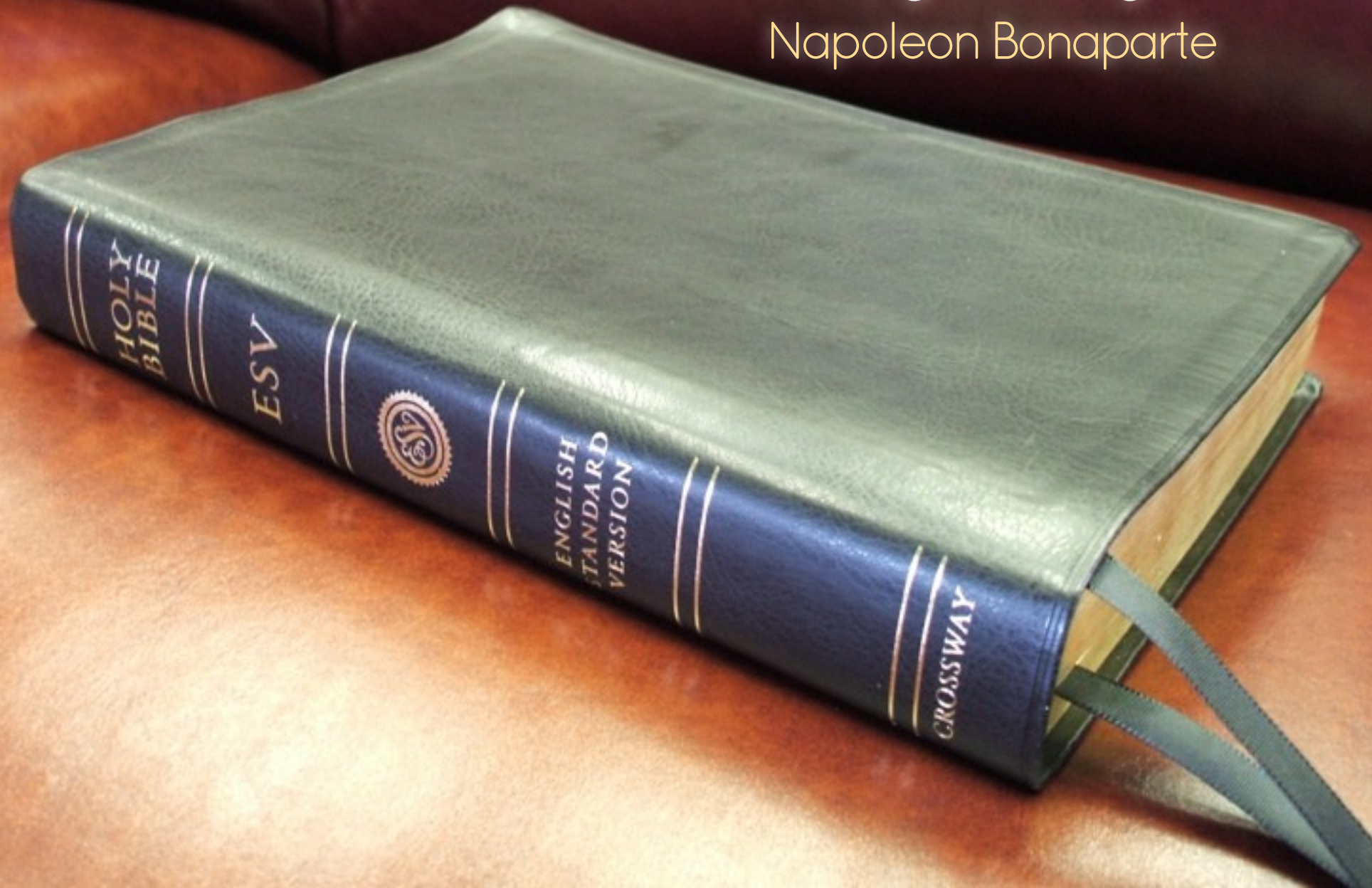


P A R T 4

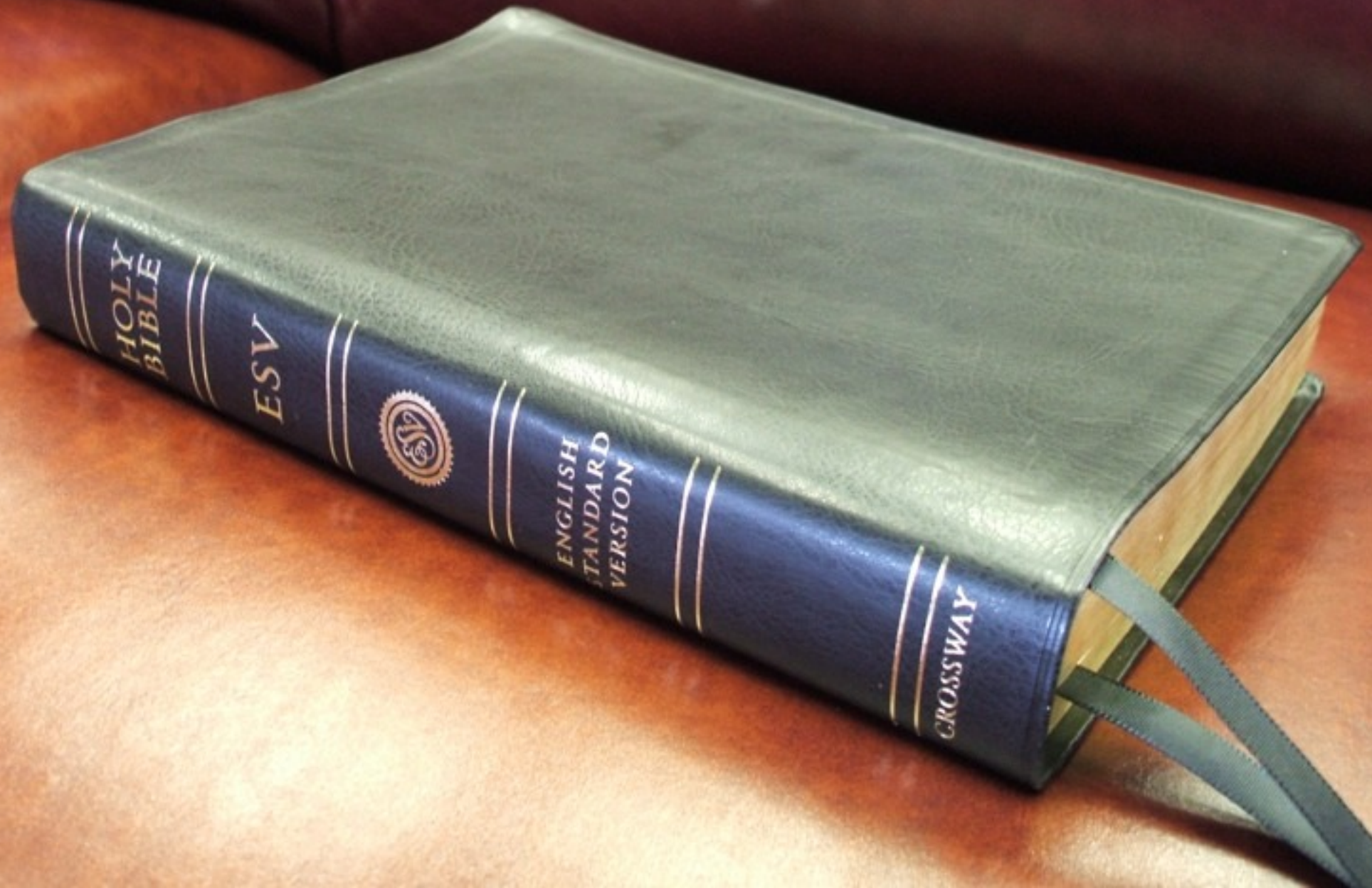
Holding God
 In Your Hands

“The Gospel is not a book;
it is a living being.”

Napoleon Bonaparte



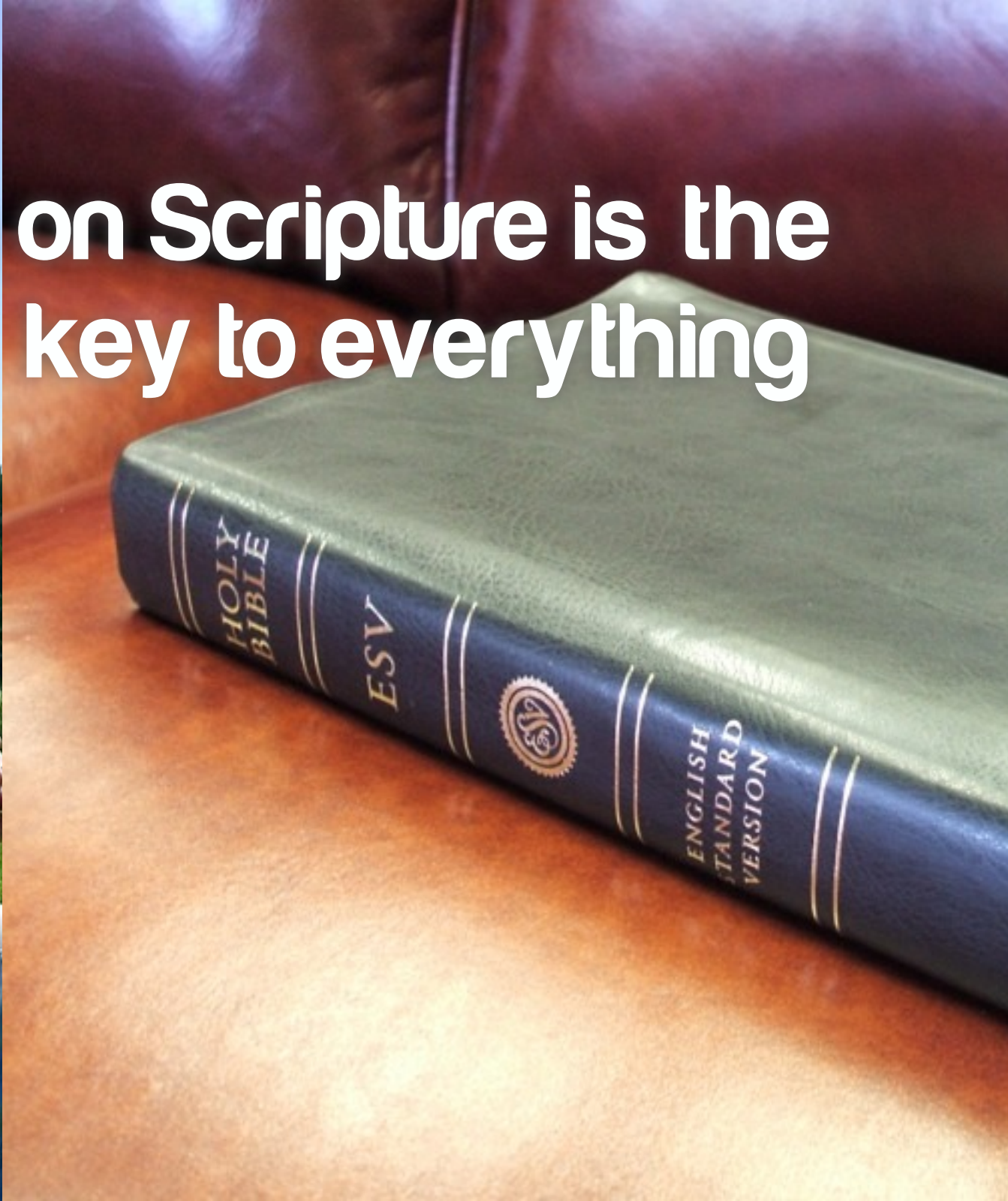
God chose to reveal himself to mankind,
foremost, through his Word.



Matthew 4:4

“It is written: Man shall not live on bread alone, but on every word that comes from the mouth of God.”

Reflecting on Scripture is the key to everything



A person wearing a blue hoodie is shown in profile, looking out a window. Their hands are clasped together in their lap. The scene is dimly lit, with a soft blue glow from the window. The overall mood is contemplative and serene.

To change your life,
change your thinking!

Philippians 4:8

“Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.”



Deliberately

Proactively

Strategically

A close-up, slightly blurred photograph of a person's face, focusing on the eyes which are closed. The person has dark hair and is wearing a dark top. The background is a soft, out-of-focus grey.

What we **think** produces our
behavior in any given set of
circumstances.

Proverbs 23:7

“As a man thinks within himself, so he is.”

Proverbs 4:23

“Above all else, guard your heart for it is the wellspring of life.”

THINKING **RIGHTLY**

I must think **deeply**,
rationally and **habitually**
about the things of God.

“In today’s theology... the predominant questions are ‘Will it divide?’ and ‘Will it offend?’ rather than ‘Is it right?’ The Bereans were ‘noble-minded’ because... they were interested in finding truth, not good feelings or pleasant circumstances.”

BILL HULL

“TV can’t educate... the only way to learn is by reading.”

PAUL ROBINSON



Isaiah 1:18

“Come now, let us
reason together.”

A close-up photograph of a person's face, focusing on their eyes which are closed. The person has dark hair and is wearing a light-colored garment. The background is a soft, out-of-focus green.

THINK

ABOUT TRUTHFUL THINGS

→ **God's Word**

A close-up photograph of a person's face, focusing on their closed eyes and the bridge of their nose. The person has dark hair and is wearing a light-colored garment. The image is overlaid with three horizontal bands: a dark grey band at the top, a medium grey band in the middle, and an orange band at the bottom.

THINK

ABOUT NOBLE THINGS

→ **Worthy of Respect**

A close-up photograph of a person's face, focusing on their eyes which are closed. The person has dark hair and is wearing a light-colored garment. The background is a soft, out-of-focus green.

THINK

ABOUT RIGHTEOUS THINGS

→ In Harmony with Scripture

A close-up photograph of a person's face, focusing on their eyes which are closed. The person has dark hair and is wearing a light-colored garment. The image is overlaid with three horizontal bands: a dark grey band at the top, a medium grey band in the middle, and an orange band at the bottom.

THINK

ABOUT PURE THINGS

→ **Morally Clean**

A close-up photograph of a person's face, focusing on their closed eyes and the bridge of their nose. The person has dark hair and is wearing a light-colored garment. The background is a soft, out-of-focus green.

THINK

ABOUT LOVELY THINGS

→ **Gracious and Uplifting**

A close-up photograph of a person's face, focusing on their closed eyes and the bridge of their nose. The person has dark hair and is wearing a light-colored garment. The background is a soft, out-of-focus greenish-grey.

THINK

ABOUT ADMIRABLE THINGS

→ Honorable and Reputable

THINK!

by **trusting** God in my daily circumstances.

Philippians 4:6

“Rejoice in the Lord always. I will say it again: Rejoice! Let your gentleness be evident to all. The Lord is near. Don’t be anxious about anything...”

THINK!

by **praying** gratefully in my daily challenges.

Philippians 4:6

“but in everything, with prayer and petition, with thanksgiving...”

THINK!

by **applying** truth in my daily life.

Philippians 4:9

“Whatever you have learned or received from me, or seen in me —put it into practice. And the God of peace will be with you.”

Watch your INPUT

it becomes thought

Watch your THOUGHTS

they become attitudes


Watch your ATTITUDES

they become actions

Watch your ACTIONS
they becomes habits

Watch your HABITS
they become character

Watch your CHARACTER
it become destiny

A dramatic sunset or sunrise over a vast, hazy landscape. The sun is a bright, glowing orb on the left side of the frame, casting long, golden rays across the sky and illuminating a sea of fluffy, white clouds in the foreground. The background shows a distant, hazy horizon under a sky of soft oranges, yellows, and blues. The overall mood is serene and inspirational.

Let the mind of the
Master be the master
of your mind!