

THE ASCENT

PSALMS 120-134

PART 5

Help Wanted,
Help Received



Psalm 124

If the LORD had not been on our side—
let Israel say—if the LORD had not been
on our side when men attacked us, when
their anger flared against us, they would
have swallowed us alive; the flood would
have engulfed us, the torrent would have
swept over us, the raging waters would
have swept us away. Praise be to the
LORD, who has not let us be torn by
their teeth. We have escaped like a bird
out of the fowler's snare; the snare has
been broken, and we have escaped. Our
help is in the name of the LORD, the
Maker of heaven and earth.

This is a psalm of
Help

**Supernatural
Protection**



**Divine
Intervention**



Unsympathetic Forces

Hostile People

VERSES 2 - 3

Unexpected Circumstances

VERSES 4 - 5

Overwhelming Odds

VERSES 7 - 8

A person wearing a blue hoodie is climbing a wooden ladder. The ladder is leaning against a dark, textured wall. The scene is dimly lit, with a bright light source visible at the top left, creating a strong contrast and casting shadows on the ladder's rungs.

*Then, inexplicably,
there's a way out!*

We're delightfully
surprised by supernatural
deliverance

VERSE 7

Discipleship Principle

God is for us!

God is helping us!

We will be okay!

Fürst Part

A “What If” Scenario

“If the Lord had not been on our side...”

VERSES 1-2



*Focusing on the past faithfulness of
God always prepares you for your
next crisis of faith.*

Second Part

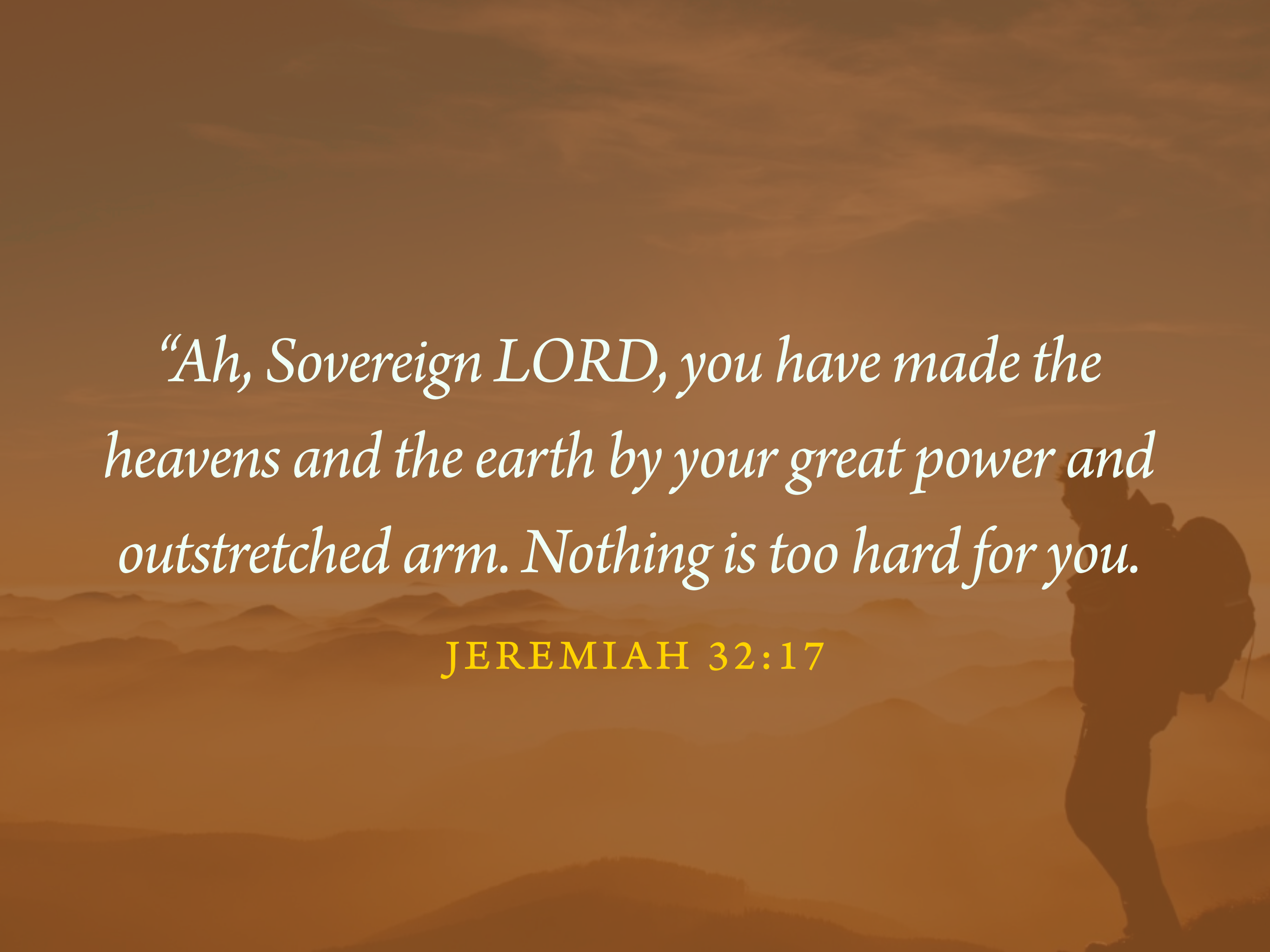
An “In Fact” reality check

“Praise the Lord, he has not let us be torn by their teeth. We’ve escaped... Our help is in the name of the Lord, the Maker of heaven and earth.”

VERSES 6-8

God is never **intimidated**,
devastated or **overwhelmed!**



A person with a backpack is hiking on a mountain trail at sunset. The person is on the right side of the frame, walking away from the viewer. The background shows rolling mountains under a warm, orange sky. The text is overlaid on the left side of the image.

“Ah, Sovereign LORD, you have made the heavens and the earth by your great power and outstretched arm. Nothing is too hard for you.

JEREMIAH 32:17



*Declaring what God has done **builds**
faith for the journey ahead.*

*“He **has** delivered us from such a deadly peril,
and he **will** deliver us. On him we have set our
hope that he **will continue** to deliver us.”*

2 CORINTHIANS 1:10

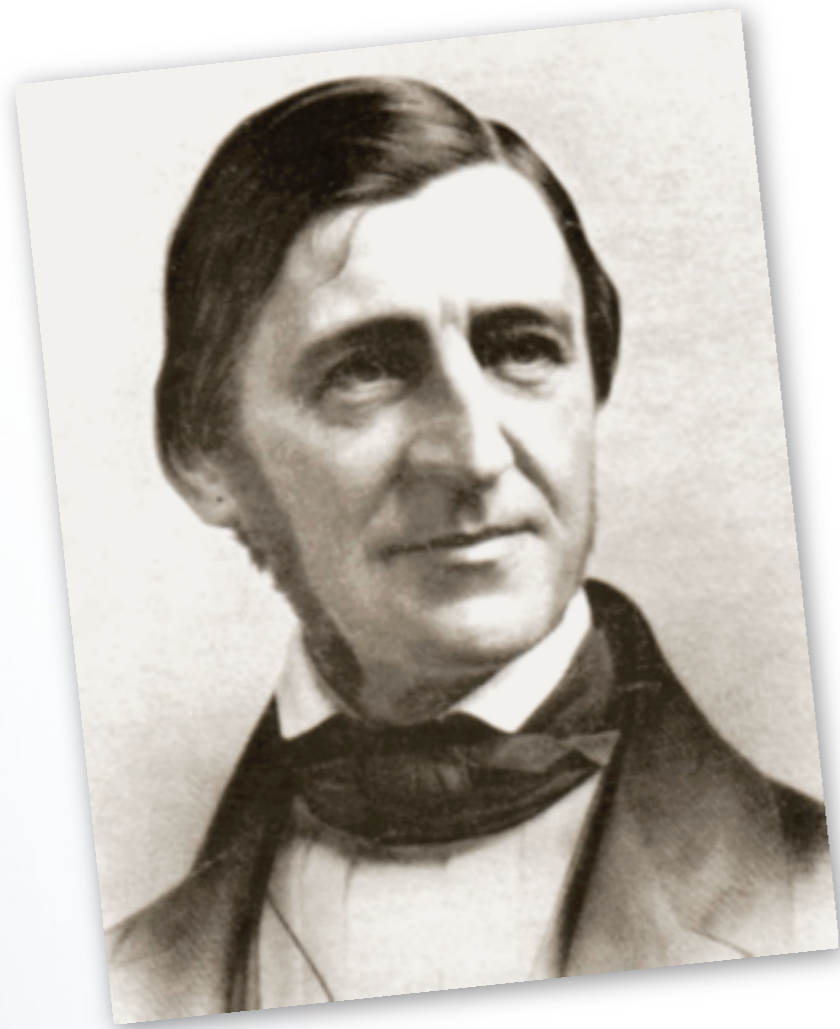
“Hope does not disappoint us.”

ROMANS 5:5



Don't get your eyes on the hazards
...keep your eyes on the Helper.






*“All I have seen teaches me to trust the
Creator for all I have not seen.”*

Ralph Waldo Emerson

Your job is NOT to defend God

it is to trust Him

*The disciple's call is to be a witness,
not an apologist.*



*Never is our trust in God's help more compellingly declared than when his help is **desperately needed** and our trust is **hard to give!***

Hebrews 4:15-16

For we do not have a high priest who is unable to sympathize with our weaknesses, but we have one who has been tempted in every way, just as we are—yet was without sin. Let us then approach the throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.